

# The North Carolina Coaches Association

## NCCoach

Volume 25

Spring 2020

News and information for North Carolina  
high school and middle school coaches.

As we all endure the Covid-19 crisis together, we are hopeful everything will proceed according to the normal calendar. Therefore, planning is continuing for the July 2020 Coaching Clinic and East-West All-Star Games in Greensboro. The NCCA Board of Directors and Staff will comply with any and all directives from the Governor's Office and organizations charged with public health and safety in order to make necessary changes to group or athletic activities. If the onsite Clinic is not allowed, we are studying the possibility of conducting an online Clinic. In either case, *Clinic Registration materials will be mailed in May on schedule.*

Calendar  
Reminder

### 2020 NCCA Clinic •GREENSBORO•

#### Coaching Clinic

Monday-Thursday • **JULY 20-23, 2020**

#### 2020 East-West Games

Basketball • Monday **JULY 20**  
Soccer • Tuesday **JULY 21**  
Football • Wednesday **JULY 22**



Welcome to the digital NC  
Coach newsletter!

If you'd like to see archived  
issues of NC Coach,  
please go to the NCCA  
website:

**[nccoach.org](http://nccoach.org)**

AND connect with us:



# Let us know what you want to see in NC Coach

Since we've moved the newsletter online, we have no idea how many of you read only a little or perhaps read all of it. I know I put a lot of time and effort into writing my column and I believe there's value in communicating directly with you; just as I did when I first suggested we write a column in each issue. I've always been surprised and disappointed that more of the individual sport organizations haven't taken us up on our offer of space for them to do the same. That invitation still stands.

Because we have moved the newsletter online we now have unlimited space and need to know what other things you would like added. Please let me know at [pweaver@nccoach.org](mailto:pweaver@nccoach.org) what you'd like to see, or not see. We're always open to suggestions and I promise anything you send will be discussed.

## IN MEMORIAM

Dexter Cooley  
*Wakefield High School*

John Gay  
*Wilson Fike High School*

Bernie Pollock  
*Harnett Central High School*

Fred Styles  
*Piedmont High School*



### NC COACH

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North Carolina Coaches Association

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Mac Morris

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Phil Weaver

**Executive Secretary**  
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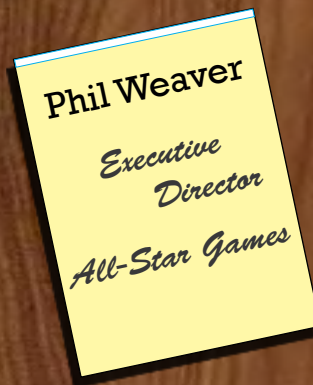
**Office Manager •** Malea Jones  
**Editor •** Mary Buchanan

**It is always exciting  
when someone in the  
organization is honored.  
Mac is being inducted into the  
North Carolina  
Sports Hall of Fame.**



**A hearty congratulations  
to Coach Morris!**

# From the GAMES Desk...



pweaver@nccoach.org

IF YOU ARE LOOKING FOR GREAT WISDOM FROM A VETERAN who has seen it all; do not look here. I am certainly a veteran of high school coaching, but I have certainly never seen anything remotely like what we are experiencing now. A week lost for snow or the storm-related postponements we have seen in recent years pale in comparison to today's problems.

First, let me say I hope you, your coaches, and your players are safe; physically and mentally. I have recently emailed Hudl's offer of access to their coaching education library and an opportunity to chat online to your AD. He or she also received an email offering tips for parents on how to help their kids from a mental perspective. This was provided by our friends at The Jason Foundation, a leader in teen suicide prevention. I know that players in densely populated areas who cannot venture outside often are under much worse mental stress than those who live in rural areas or even in single family houses. Please use this aid to pass on to your players' parents.

**"To many kids, you are possibly the most important adult at school and perhaps in their lives."**

I know the NCHSAA is holding out hope that basketball finals and spring sports may still be held. I am torn concerning basketball because of what it would mean for coaches and particularly the playing seniors. There would have to be at least a couple of weeks for teams to try to get back into playing shape and even then, I doubt many teams would play at the level they were last performing. There would also be a blow to any spring sports team which had basketballers on it. I do not know, but I'd imagine the NCHSAA must at least consider the financial impact of resuming basketball versus declaring co-champions. Spring sports could simply have all schools participate in the state championships to mitigate the impact on teams' seedings of partially played schedules. I think the

*See **Games Desk** on page 4*

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## Games Desk

*continued from page 3*

NCHSAA's position of holding out until the last minute is wise, especially for the emotional support it gives the players.

Please do not think these decisions are easy. I know Shell (Dula, my South Carolina counterpart) and I felt terribly about deciding to cancel the Carolinas Classic All-Star Basketball Games. I was at my daughter's home in Charlotte and had to do everything remotely. I am glad we moved then because the situation has, of course, just gotten worse and we gave people time to cancel some orders and evade paying some contractual expenses. The only expenses we incurred were printing the programs, which were paid for and produced by the NCBCA. We will be sending each player a copy of the program and a special t-shirt that we decided to still have made. Looking back, I see we were both lucky and correct.

I trust you will stay in contact with your players, not just those in spring sports but all of them from this year. An encouraging word from you may keep them on task academically or provide the hope they need on a down day. While you're at it, also contact your assistants, the ATC, and especially your managers, stats keepers, and scorekeepers. You will probably never know how much a word from you means to some kids who think all coaches care

about are players. To many kids, you are possibly the most important adult at school and perhaps in their lives.

**Please update your  
membership info  
online - ASAP**

**go to:  
[www.nccoach.org](http://www.nccoach.org)  
Members Only**

Remember getting that postcard a few months ago? If you've lost your login and password we sent you, please email one of us for them. You will not only be able to access the online Member Directory, but also set up a personal password and make updates and corrections to most of your information. The Directory includes the usual information but will also list your email address and the sport(s) you coach. We need to have this database in place to enable us to send information to member coaches by email, by sport, and will help us keep high school varsity head coaches in our All-star sports up to date on deadlines, etc.

We are making this password-protected so your information can only be viewed by other members. We may send informational emails on behalf of our major sponsors but will not give your information to them. Please take care of this update as soon as possible.





# TEAMS

BY **MAXPREPS**

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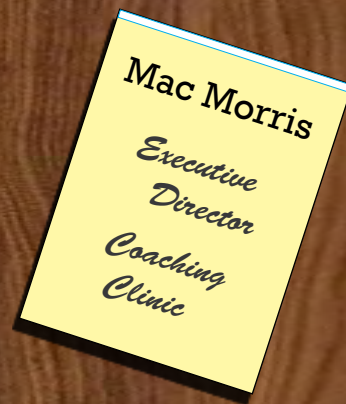


- Send direct or group messages to coaching staff, athletes and parents
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**MAXPREPS.COM/TEAMS**

# From the CLINIC Desk...



[mmorris@nccoach.org](mailto:mmorris@nccoach.org)

Mac Morris

Executive Director, Coaching Clinic

IN THE FALL, PHIL, JOE AND I MET WITH QUE AND TRA for our normal end of the clinic lunch. At this meeting they told us that after the 2020 Clinic, they would not be presenting rules interpretations at any future Clinics. Their rationale was that the sessions at the Clinic were too big to be a good learning experience for the members and that many times they didn't have the complete rules for the future year at Clinic time. Their rules interpretations in the future would all be available on-line.

This is going to force us to put in a lot of thought on how future Clinics will work. Is there any point in extending football through Thursday when there will be no rules session? Our biggest question is "how many coaches will not attend the Clinic at all if there are no rules sessions?" We don't have any idea what the answer is. Is the Membership card enough of an incentive to make enough people attend the Clinic in order to continue to host the full Clinic? The NCHSAA still wants a

session in every sport but it won't be required. I would love to hear any ideas you might have on what the Clinic should be like without rules sessions. ([mmorris@nccoach.org](mailto:mmorris@nccoach.org)) Are there any sports that should be eliminated if there are no rules sessions? Do we need to shorten some of the programs for each sport?

As you know, we have gone to producing the Directory and the Newsletter on line. What percent of our members are participating with these products? It doesn't appear that a very large number of coaches have changed their information to be part of a current directory or so that we can send e-mail messages to our members. How do we go about getting as close to 100% as possible in these changes? We don't know if anyone is reading the newsletter either. Of course, we really didn't know if anyone was reading it when it was sent in the mail since there were very few comments made.

We have about 6,000 members in the Association. Our deadline has passed for scholarship applications to

*See **Clinic Desk** on page 7*



## Clinic Desk

*continued from page 6*

be sent in for this year. We had twelve requests for application blanks and as of right now have nine scholarship applicants. The NCCA Scholarship offers \$1,000-\$2,000 one-year scholarships for graduating seniors or applicants to graduate school who are children of NCCA members. These are competitive scholarships overseen by an anonymous committee of coaches, school counselors, and athletic directors from across the state. Simply email Phil at [pweaver@nccoach.org](mailto:pweaver@nccoach.org) to be put on the list for a 2021 application for your child.

Where does the Association go from here? Is there anything that we can do for our members that we don't do presently? Since we have made some cutbacks on expenditures by cutting out the meals at the Clinic and putting the Directory and Newsletter online,

our financial situation is in much better shape. How do we move on and stay in touch with what is needed to continue our purpose with our Association which has been good for over 70 years?

Obviously the corona virus is something that none of us have planned on. We have found that we have a pretty boring existence without sports to generate some good thoughts. We hope that all the drastic measures that have been implemented are short-lived and that we can get back in action before the end of school. Coaches will have to remain in contact with their players to make sure they are doing their work so that they will be eligible in the fall. Wash your hands regularly and pray.

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*Did you know?*

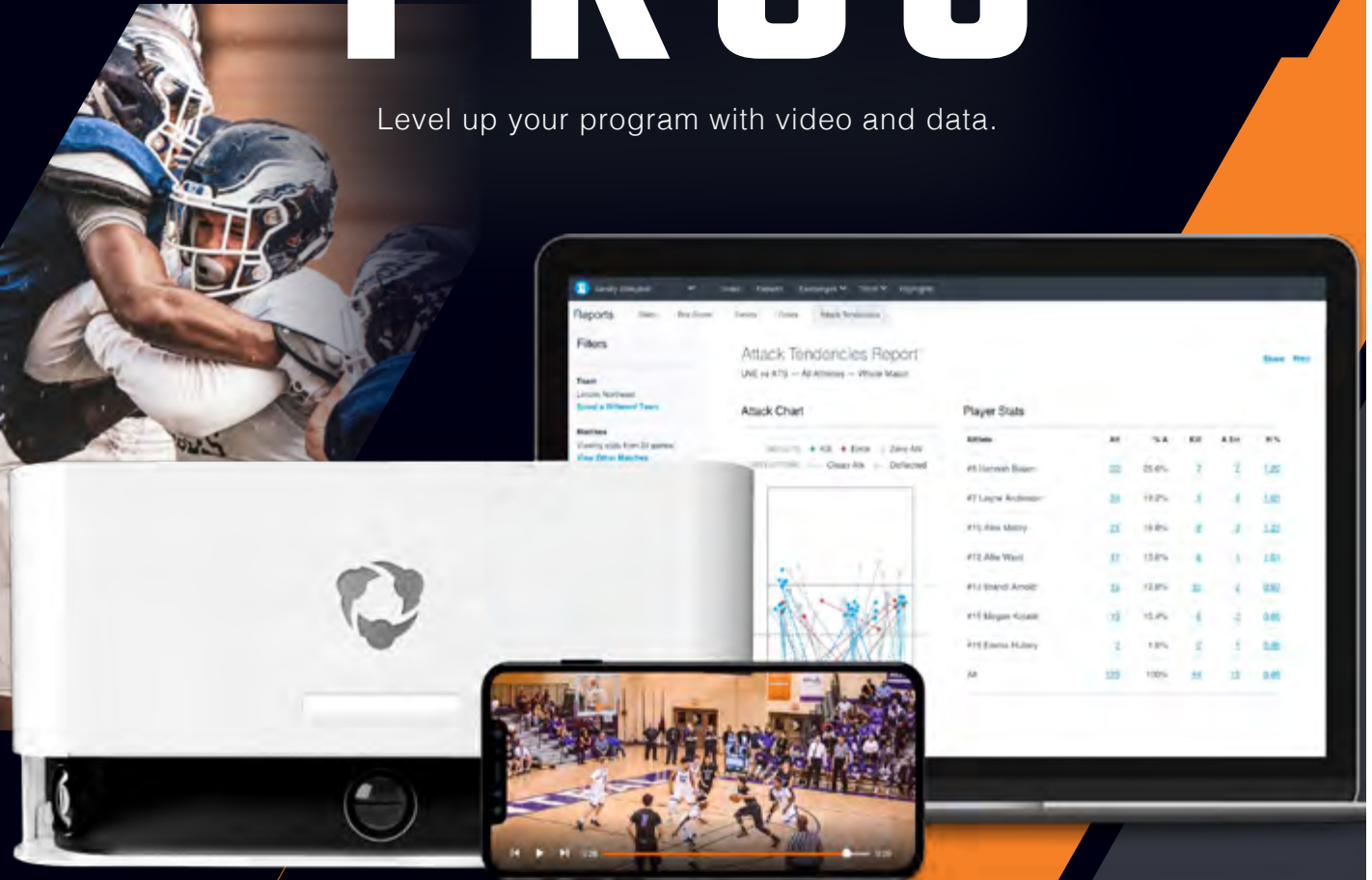
**The NCCA supplies NFHS Rule Books in most sports to *every* member high school so they are available for our member coaches to refer to when needed.**

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# PLAY LIKE THE PROS

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# They still call me “Coach”

## Bob Paroli

Coach Bob Paroli grew up in Poughkeepsie, New York. After high school, he attended New York Military Academy and was awarded a football grant-in-aid to State College in NC. After marrying his wife Billie in 1953, they left Raleigh and returned to New York, when he was drafted and served a 19-month tour of duty in Korea. He resumed his college career at NC State and was a member of the 1957 ACC Championship team.

His first coaching position was at Benson High, but returned to New York Military Academy in 1965 as head football coach for six successful seasons. The Parolis then came back to North Carolina, first coaching Wilson Fike to two conference championships over five years; then bringing unprecedented success to the Burlington Cummings program. In 1980, Coach Paroli landed as head coach at Douglas Byrd High in Fayetteville, where he coached for the next 25 seasons. He led the Eagles to 12 conference championships, played in eight 4-A Eastern Championships and appeared in five 4-A State Championships (1983, 1995, 1996, 1997 and 1999). In 2005, Coach Paroli accepted the head position at Seventy-First and 3 years later led the Falcons to the state title, ironically defeating Douglas Byrd 28-7.

Coach Paroli garnered many honors in his 55 seasons as a head coach, including being named to coach in the Shrine Bowl, the East-West All-Star Games, induction into the NCHSAA Hall of Fame as well as several other HOF's. Retiring in 2012, Coach Paroli celebrated 403 total wins and was proud to have coached for 30 years with his son Mike as his assistant coach. In retirement, he enjoys spending time with Billie, his wife of 66 years, his children and grandchildren, and his dog. Of course, Coach still loves going to football practice.



### **NCC:** WHAT SPORTS DID YOU COACH?

“ I coached football, wrestling, track, girl’s basketball, baseball, and lacrosse.

### **NCC:** WHERE DID YOU COACH?

“ I coached at Benson HS, Jacksonville HS, New York Military Academy, Wilson Fike HS, Burlington Cummings HS, Fayetteville Douglas Byrd HS, and Fayetteville Seventy-First HS.

### **NCC:** HOW MANY YEARS DID YOU COACH?

“ I have coached a total of 60 years. I was a head football coach for 55 years.

### **NCC:** ARE YOU STILL INVOLVED IN COACHING AND/OR ATHLETICS?

“ Yes, I am an assistant football coach at Douglas Byrd HS.

### **NCC:** WHAT WAS YOUR MOST MEMORABLE COACHING EXPERIENCE?

“ We spent 25 years at Douglas Byrd and from 1983 to 1999, played in five 4A state championship games. In 2008, while at Seventy-First, we finally won the state championship, defeating Byrd in Chapel Hill.

### **NCC:** WHAT PART OF COACHING WAS THE MOST REWARDING FOR YOU?

“ We have had so many kids over the years come back to school, games, or practice. Many told us that high school

See “**Paroli**” on page 10

## **“Paroli”**

*continued from page 9*

football taught them lessons that helped them later in life. Seeing our kids doing well in life and then coming back to visit is very rewarding.

**NCC:** WHY DID YOU GO INTO COACHING?

“ In 1958, after graduating from NC State, I was offered a parks and recreation job in Greensboro. I was going to take the job when Glenn Nixon, a teammate at State, called and told me Benson needed a head coach. He encouraged me to get into coaching. I didn’t get into coaching for the money. My first year in 1958, I made \$2800 teaching and \$800 coaching supplement for

3 sports.

**NCC:** WHAT IS YOUR FUNNIEST COACHING MEMORY?

“ In a 1995 playoff game against Garner, Coach Hal Stewart came across the field to protest a call. Our trainer was a special forces medic. He thought Hal was coming after me. We had a good laugh keeping our trainer on the sideline.

**NCC:** WHAT WAS YOUR MOST EMBARRASSING COACHING MOMENT?

“ It was our first game at New York Military Academy in 1965. Clair Bee, our AD, told me that if I ever smoked a cigarette on the sideline again that it would be my last game.

*See “Paroli” on page 11*

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## “Paroli”

*continued from page 10*

**NCC:** WHAT WAS YOUR FAVORITE PLAY OR STRATEGY?

“ We liked to run off-tackle out of the I formation.

**NCC:** WHO WERE THE TOUGHEST TEAMS YOU COACHED AGAINST?

“ Clayton in late 50’s and early 60’s; Goldsboro, Rocky Mount, and Rose in the early 70’s; Burlington Williams in the late 70’s; Seventy-First in the 80’s; South View, Richmond County, Garner, and Jack Britt in the 90’s and 2000’s.

**NCC:** WHAT CHANGES WOULD YOU MAKE TO THE CURRENT RULES IN YOUR SPORT?

“ I still think the forward pass should be outlawed.

**NCC:** WHAT ONE PIECE OF ADVICE WOULD YOU GIVE A BEGINNING COACH?

“ Having a supportive spouse is very important. They have to understand that late nights, weekends, painting fields, cutting grass, and taking care of the kids are all part of the job.

**NCC:** WHAT ARE THE MOST IMPORTANT THINGS FOR YOUNG COACHES TO DO IN DEALING WITH:

“ ATHLETES: Take care of the kids and they will take care of Friday nights.

“ PARENTS: Work with them as much as possible, but at some point you may need to tell them that they run the household but you run the football

team.

“ ADMINISTRATORS: Assure them of your loyalty. Also, the more you do at school, the more valuable you become.

“ ATHLETIC DIRECTORS: Buy the things that you need, not what you want. Take care of your uniforms and equipment. Cut your grass and paint your field.

“ OTHER COACHES: Support and respect their programs. Attend their games and matches. Help them with their fields.

“ THE PRESS/MEDIA: Always be available and courteous, especially after a loss. Never blame the kids or the officials.

**NCC:** WHAT DID/DOES THE NCCA MEAN TO YOU?

“ The clinic and all-star games in July are great. I have been going since the early 60’s.





# Using HitCheck?

IF YOU ARE USING HITCHECK, WE'D LOVE TO HEAR YOUR OPINION OF IT. HitCheck, a Neurocognitive testing tool (for concussion baseline setting), has approached us asking to become a sponsor. We are working with the sports medicine folks at the NCHSAA to make certain we wish to align with them.

email:

[pweaver@nccoach.org](mailto:pweaver@nccoach.org)



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## GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the North Carolina Coaches Association and its members.

### CARRIER

Houston Casualty Company

### POLICY PERIOD

August 1, 2019 – August 1, 2020

### LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

### COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

### EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.

## CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

### NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

### PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: [www.loomislapann.com](http://www.loomislapann.com)

### INSURANCE ADMINISTRATOR



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*Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.*

# Hudl Provides Free Online Education, Community and Training for Distance Coaching

Hudl has new resources to help coaches connect and learn while their teams can't meet in person due to the COVID-19 outbreak.

The new Digital Coaching Center is a hub with remote coaching tactics for coaches, by coaches. Topics include crisis leadership, building scouting reports, athlete nutrition and establishing home routines. The videos are free and available to all coaches.

Since most in-person events are canceled, the Hudl Up Coaching Community on Slack connects coaches online. Slack is a platform that allows users to directly message each other and post in open chat rooms called channels.

All coaches can join the community for advice and networking with coaches across the country. Members can share home workouts with other coaches in their sport or find motivation and career advice.

Hudl is also offering more chances for training on their product. Interested coaches can sign up for one-on-one expert chats [here](#) or browse the online classes.

## Lovin Contracting to sponsor All-Star Kids' Clinics

I'd like to thank Coach Tommy Johnson who convinced **Lovin Contracting Company** of the value of our Kids' Clinics in football and basketball to the extent that they are sponsoring these Kids' Clinics through 2022.

Coach Hank Bullard will again be conducting the clinics and would love to hear from any of you who would like to assist him during All-Star Week.



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# NC/SC Carolinas Classic All-Star Games

*Due to the timing of the Covid-19 virus outbreak, the All-Star games scheduled to be played on Saturday, March 28th at Wilmington Hoggard HS were unfortunately cancelled.*

*Nevertheless, we congratulate these outstanding student-athletes and coaches who were selected to participate in the 2020 Carolinas Classic games.*

## 2020 NC Women

Head Coach: Barbara Nelson (Myers Park HS)

Assistant Coach: Jamie Willoughby (Tarboro HS)

Player	Ht.	High School	HS Coach
Evan Miller	5'11	Ardrey Kell HS	Jeff Buseick
Nevaeh Brown	5'9	Mallard Creek HS	Clarence Johnson
Anyia Poole	6'2	SE Raleigh HS	Nicole Meyers
Jamia Hazell	5'8	SE Raleigh HS	Nicole Meyers
Kennedy Todd-Williams	6'0	Jacksonville HS	Monique Gidrey
Chyna Cornwell	6'3	Newton-Conover HS	Sylvia White
Jacee Busick	6'2	Glenn HS	Melvin Heggie
Kennedy Heath	5'9	Panther Creek HS	Danielle Sullivan
Aniya Finger	6'1	Hopewell HS	Scott Parkin
Skylah Travis	6'3	Weldon HS	Grady Williams

## 2020 NC Men

Head Coach: Brad LeVine (Crest HS)

Assistant Coach: Chris Cherry (South Central HS)

Player	Ht.	High School	HS Coach
Silas Mason	6'7	Ben L. Smith HS	Derrick Partee
Nick Farrar	6'7	Apex Friendship HS	PJ Lowman
Dean Reiber	6'10	NW Guilford HS	Lee Reavis
Tristan Maxwell	6'3	N. Mecklenburg HS	Duane Lewis
Trayden Williams	6'1	N. Mecklenburg HS	Duane Lewis
Samage Teel	6'2	Farmville Central HS	Larry Williford
Justin Wright	6'2	Farmville Central HS	Larry Williford
Keishon Porter	6'5	SW Edgecombe HS	Shelton Langley
Traymond Willis-Shaw	6'6	Westover HS	George Stackhouse
Kalib Mathews	6'4	Henderson Collegiate HS	George Marshall



Joe Franks  
Executive Secretary  
jfranks@nccoach.org

THERE'S A LOT TO BE SAID FOR MAKING THE MOST of your opportunities. I'm proud to represent the NCCA and our members as an Affiliate on the NCHSAA Board of Directors, on the NCHSAA Realignment Committee and to represent NC as the Secretary of the National Organization of Coaches Association Directors (NOCAD). Being involved with these groups and committees reinforces for me how these organizations want to do what is right for schools, student-athletes and coaches. It's a "big picture" approach and it has to be when you are talking about over 400 schools in NC or 40 state organizations representing over 160,000 coaches. Let me give you a little insight as to what I feel is important with regard to how the NCCA is involved with the NCHSAA and NOCAD.

This is the first time I have served on the Realignment Committee. It is a significant and daunting task that everyone on the committee would love to be seen as a win-win for all. One of the tasks we have been given is to think in a "big picture" way and to be as objective as possible. It's too easy for folks

in schools and communities to see the world with "blinders on" and have a laser focus with regard to how their school is impacted with decisions on who and where they play. People love to use the tag line about how schools in NC play from Murphy to Manteo, but in the real world trying to set up the logistics for competition is really a tough one. A few years ago, SAS out of Cary was asked to use logistical algorithms to propose a framework for setting up conferences. Even with all this computational power, you couldn't just take it and run – folks had to get in and provide that human element to get a solution. You can trust that creative and caring people will do the best they can to have amicable results for as many as possible.

In January, the NCCA was represented at the NOCAD Annual Meeting. Phil Weaver, NCCA All-Star Games Executive Director, also serves as the Executive Director of NOCAD. There was a great cross-section of the USA represented – California to NC; Minnesota to Texas; Oregon to Georgia – 21

See "Corner" on page 17



## “Corner”

*continued from page 16*

states in all. A main topic of discussion revolved around safety in football – a topic that we all know too well. There were discussions among the representatives related to rules, regulations and practices in the various states and two companies had representatives speak to the group relating to tackling techniques and concussions.

When I returned, I was asked to attend a meeting of a subcommittee of the NCHSAA Sports Medicine Advisory Committee (SMAC) that was looking specifically at football safety and recommendations that could be made to the NCHSAA Board. Members of the SMAC, the NC Football Coaches Association Board and other affiliates were in attendance and there was some great discussion. While I was able to represent the NCCA, I appreciated the fact that as a former NATA Certified Athletic Trainer, LAT and assistant football coach, I was able to see and grasp multiple points of view. In addition, having just returned from the NOCAD meeting, I was able to share perspectives from what was discussed by folks from across the country.

The bottom line is that while no activity in life is totally safe, we need to make ALL athletics as safe as possible for our student-athletes, and we can do this.

Registration materials will be mailed to members in early May – look for the envelope!! If your school is paying for you to come to the Clinic, go ahead and fill out the registration blank and get it to your AD right away, while it is on your mind. Also, remember that members can always update your personal information at [nccoach.org](http://nccoach.org). We will be using the information from the online database to mail registration materials, so make sure you are up-to-date.

Thanks again for all you do for our young people. Let's continue to make the title “Coach” one that is respected and admired.



The advertisement features the Champion logo at the top. Below it, a large image shows a young man in a dark Champion jacket and shorts running down a set of stairs. To the left of the main image is a vertical strip of six smaller photos showing various athletes in action. To the right of the main image is a text box that reads: "HIGH QUALITY DECORATED ATHLETICWEAR. Decorate your team's gear with names, mascots, logos & more. Make Champion your one-stop shop for all your team wear needs." At the bottom of the advertisement, it says "LEARN MORE AT: [team.champion.com](http://team.champion.com)".